

***Amendments to the Specification***

Please substitute the following Title of the Invention for the pending Title of the Invention:

Method ~~Communication Methods~~ and Apparatus for Controlling Transmissions in Communications Systems

Please amend the specification as follows:

At page 1, after the title, please insert the following paragraph:

CROSS REFERENCE TO RELATED APPLICATION

This application is a divisional of Application No. 09/440,468, filed on November 15, 1999, which is incorporated herein by reference in its entirety.